

## Tentative Schedule for 2019 VAWV State Championships:

Session 1 Warm Ups 8:00-8:45am  
Ages 9-10, 15 and up  
Session 1 9:00-11:30am

Session 2 Warm Ups 11:30-12:15  
Ages 8 & under, 13-14  
Session 2 12:30-2:30pm

Session 3 Warm Ups 2:30-3:15  
Ages 11-12  
Session 3 3:30-5:15

Awards will follow each session  
Tear Down 5:15-7:30