

2019 USA Gymnastics Trampoline & Tumbling Virginia & West Virginia State Championships

DATE: *Sunday – March 31st, 2019*

LOCATION: *Preston's Gymnastics Academy
16780-B Oakmont Ave. Gaithersburg, MD 20877*

MEET DIRECTOR: *Paula Sloan*

Phone: **434-401-0248**

E-mail: **dramatc1@gmail.com**

EVENTS: Individual Trampoline (Levels 1-9)
Individual Tumbling (Levels 1-9)
Individual Double Mini Trampoline (Levels 1-9)
Synchronized Trampoline (5-9)

EQUIPMENT: (2) Euro Trampolines; (1) Double-Mini Trampoline (Euro DMT) (1) Rod Floor (84' with 32' run up)

ENTRY FEE: *All Disciplines \$100*

****This event is run by volunteers from all member teams. Add \$15 per athlete for your team's volunteer deposit, which will be refunded if your team's participation quota is met. Make checks payable to: USA Gymnastics (USAG)**

ENTRY DEADLINE: [Thursday, February 28, 2019](#)

**** Please use usagym.org reservation system****

**The meet is listed under Member Services > Meet Reservations
>Search for Meets**

The meet is listed under Discipline Type = TT and Select State = VA

LATE FEE: [\\$15 per athlete after March 8th](#)

CHANGE FEE: [\\$20 per change after March 18th](#)

Please send accurate registrations and verify team roster reports!

GATE FEE: [\\$5 for 12 & Over \(Cash Only\)](#)

**AWARDS: Official State Medals 1st – 3rd, Ribbons 4th to 10th Place
(Awards will be split by State)**

VOLUNTEERS: We need ALL HANDS-ON DECK to make this event successful. We are asking assistance in 3 ways: 1) work either set up or tear down, 2) work sessions during the meet, and 3) Assistance with hospitality room supplies

Please note: [All Elite Athletes must volunteer if they are to be considered for state monetary consideration**](#)**

1 – 5 registered athletes = 1 person

6 - 10 registered athletes = 4 people

11-15 registered athletes = 6 people

16 – 20 registered athletes = 10 people

21 - 30 registered athletes = 15 people

30+ registered athletes = 20 people

Each club must assist with State Meet Hospitality Room. A SignUp Genius will be provided:

1 - 5 registered Athletes = 1 item per 2 athletes (round up)

6 - 15 = 8 Items

16 - 25 = 10 Items

25 and higher = 15 Items

Teams that meet the need for staffing assistance, will receive a "registration rebate" for each of their athletes following the meet.