

2017 USA Gymnastics Trampoline & Tumbling Virginia & West Virginia State Championships

Date: Saturday, April 8th

Location: Paint Branch High School
14121 Old Columbia Pike, Burtonsville, MD 20866

MEET DIRECTOR: Erin Powell

Phone: 858-335-6256

E-mail: emjump@gmail.com

EVENTS: Individual Trampoline (All Levels)
Individual Tumbling (All Levels)
Individual Double Mini Trampoline (All Levels)
Synchronized Trampoline (Levels 4-Elite)

EQUIPMENT: (4) Euro Trampolines;
(2) Double-Mini Trampolines (Euro DMT)
(1) Rod Floor (84' with 32' run up)

ENTRY FEE: All Disciplines \$100

Elite level athletes Free

This event is run by volunteers from all member teams.

Add \$10 per athlete for your team's volunteer deposit,
which will be refunded if your team's participation quota is met.

Make checks payable to: USA Gymnastics (USAG)

ENTRY DEADLINE: Wednesday, March 20, 2017

Mail to: Erin Powell

4353 Glastonbury Ct, Dumfries, VA 22025

& email to Emjump@gmail.com

LATE FEE: \$15 per athlete after March 23rd

CHANGE FEE: \$20 per change after April 4th

Please send accurate registrations and verify team roster reports!

GATE FEE: None - Free Admission,

So bring lots of friends and relatives to cheer the athletes on.

AWARDS: Official State Medals 1st – 3rd, Ribbons 4th – 10th (will be divided by state)

VOLUNTEERS:

Virginia is beginning to host its own state championships apart from Maryland. As a result, we need ALL HANDS-ON DECK to make this event successful. We are asking assistance in 2 ways:

- 1) work either set up or tear down **AND**
- 2) work sessions during the meet.

Each team needs to provide assistance in setting up on Saturday before the meet or tear down on Sunday afternoon after the meet.

1 - 5 registered Athletes = 1 person

6 - 15 = 2 people

16 - 25 = 3 people

25 and higher = 4 people

We also will need assistance throughout the meet and ask that each team provide coverage based on the number of athletes per team that are competing as follows:

1 – 5 registered athletes = 1 person

6 - 10 = 2 people

11 - 15 = 3 people

16 - 20 = 4 people

21 – 25 = 5 people

26 – 30 = 6 people

31 – 35 = 7 people

36 – 40 = 8 people

41 – 45 = 9 people

45 – 50 = 10 people

Each gym representative would be asked to work one 4 hour session. Teams that meet the meet need for staffing assistance, will receive a "registration rebate" for each of their athletes following the meet